



| The Medical Examination Centre

A healthy
outlook, for
companies
and
individuals

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Everyone agrees that good health is important — to be able to do your job properly and to live your life to the full. That's why it makes sense to have your health, in both mind and body, checked regularly. Don't sell your health short; go to the Medical Examination Centre for a health check-up, every year.

Extensive experience

The Medical Examination Centre (MEC) is a part of KLM Health Services that has provided different types of medical examinations for 70 years. We are sought out for our services by both private individuals and companies alike. This becomes evident when you consider that a sizeable proportion of our customer base comprises medium-sized and large, internationally active organisations, including KLM itself. This too is not surprising, given that the

MEC is ISO 9001:2000 certified, extremely quality oriented, and has extensive experience in the area of medical examinations.

Customised examinations

We don't, of course, expect you to be impressed solely on the basis of our extensive customer base. But, if we were to tell you that we provide both standard and customised examinations, you'll probably be able to appreciate our clients' enthusiasm for our services. In our customised solutions

we first make an inventory of what your objective is. And only then do we put together a medical examination that meshes seamlessly with your requirements, and can even be adapted per person. Thanks to the many examination components on offer we can customise them for just about every individual client or business.

Customer-oriented organisation

Your interests are always key. Speed, efficiency and your privacy are therefore

guaranteed, and with us your medical details are in very safe hands. Our employees are highly trained and well qualified for their responsibilities. Moreover, our extensive experience and expertise means we are ideally positioned to offer high quality examinations specially developed for persons working in the Netherlands and abroad.

Examinations and services

Our examinations can be broken down into:

1. License-oriented examinations (for offshore, maritime, and diver examinations)
2. Health check-ups (medical examinations for management, employees and individuals)
3. Risk-oriented examinations (such as for exposure to noise and working with computer monitors)



The medical examination

1. Laboratory performed blood and urine tests, certified in accordance with the institution for monitoring the quality of hospital laboratories
2. An eye test, hearing test, a lung function test and an electrocardiograph examination
3. A visit to the doctor to discuss your history, based on your answers to a questionnaire and a physical examination
4. A possible physical exertion test with a bicycle ergometer, to get a better picture of your physical condition
5. A check for psychological complaints and stress resistance
6. A consultation on the results and the relevant advice

4. Job-oriented examinations (such as for the police and fire and ambulance services)
5. Insurance-oriented examinations

The MEC also offers examinations for specific target groups, such as the Japanese community in the Netherlands, and for VIPs.



Fast and accurate

Speed and accuracy are guaranteed; you will receive your examination results immediately. And because we have our own laboratory there, if your examination is carried out at our Schiphol-Oost branch we can even give you the results of blood and urine tests straight away too.

Personal report and advice

KLM Health Services will send the written results of your examination and the relevant advice to the address that you provide. They will accompany an overview of all defined biometrical values and — if required — a letter for your family doctor with the basic values, should he need them later.

Appointment

If you want to make an appointment, or if you want specific information about our examinations, just get in touch with one of our branches. You'll find us at Schiphol-Oost and Schiphol-Centrum, and in Amsterdam, Hilversum, The Hague and Rotterdam. You will also find our contact details overleaf. You can, of course, also visit our website: www.klmhealthservices.nl